

# **The Way of The Cross** **Jesus' Way – Our Way**

## **A Holy Week Reflection**

**Written and Produced by Monica Brown**

### **Transcript**

The following is the text for the video, [\*The Way of the Cross: Jesus' Way – Our Way\*](#), which is a 20minute adaptation of the traditional Stations of the Cross.

The video engages images and music, rather than words, in relating the passion of Jesus to our personal suffering and heartache and that of our world.

Prayer Leaders are encouraged to view the video before showing it to their community, and to be mindful of the life experience and readiness of those attending, in light of the video content and theme.

It is recommended that the video be shown in a prayerful, reflective atmosphere, and in a space that allows time for sharing and reflection at the end of the video experience.

The video is intended to be interactive with the Prayer Leader and/or members of the community reading the various text throughout the video.

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#### **Station 1:     He is Condemned... We Are Condemned...**

*Images & Music*

#### **Prayer Leader:**

Let us pause and pray...

#### **Prayer:**

Jesus may the wounds of your condemnation bring courage and strength to those who are unjustly condemned.

#### **Station 2:             He Carries His Cross... We Carry Our Cross...**

*Images & Music*

#### **Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the wounds from the burden of your cross heal the bruising from the burden of the crosses we carry.

**Station 3:            **He Falls ... We Fall...****

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the wounds of your exhaustion and vulnerability strengthen us when we are weighed down and vulnerable.

**Station 4:            **He Meets His Mother...  
Our mothers need comforting...****

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the wounds of seeing your mother's pain at your suffering bring comfort and consolation to all Mothers who are suffering.

**Station 5:            **Simon Helps Jesus Carry His Cross ...  
Our vulnerable need support and companionship...****

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the wounds that left you weakened and broken bring support and assistance to all who are in need.

**Sung Mantra:**

By his wounds we have been healed.  
In his wounding, we are healed.

**Station 6:            Veronica Wipes Jesus' Face...  
Our suffering need comfort...**

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the wounds of your pain and suffering, soothe and comfort those who suffer and pain.

**Station 7:            He Consoles the Weeping Women...  
We long for consolation...**

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus may the consolation from your wounded presence wash over all who weep in the face of suffering and injustice.

**Station 8:            He Is Stripped... We are stripped...**

*Images & Music*

**Prayer Leader:**

Let us pause and pray...

**Prayer:**

Jesus through the wounds of your humiliation and destitution, may courage and dignity prevail where life has been stripped away, destroyed, and abused.

**Sung Mantra:**

By his wounds we have been healed.  
In his wounding, we are healed.

**Station 9 :            He Is Crucified ... We Are Crucified ...**

*Images & Music*

**Station 10:            He Dies... The Crucified Is No Stranger...**

*Images & Music*

**Prayer Leader:**

Let us pause and pray in silence...

Let us prayer together...

**Prayer:**

Jesus, here at the foot of your cross, we hold up to you,  
all those we know and those who are unknown to us,  
who are being crucified, like you,  
through human frailty, dysfunction, and injustice.

May we, with them,  
receive the healing grace that flows from your wounding and death,  
that together we may rise up to a new glorious life  
that only faith in you makes possible.

Amen.

**Sung Mantra:**

By his wounds we have been healed.  
In his wounding, we are healed.

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