

# The Way of the Cross – Jesus’ Way

## A Holy Week Reflection for Children

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Produced by Monica Brown for Emmaus Productions

### Transcript

The following is the text for the video, [The Way of the Cross – Jesus’ Way](#), which is a 20minute child friendly adaptation of the traditional Stations of the Cross.

Teachers or Prayer Leaders are encouraged to view the video before showing it to their children and be mindful of the life experience and readiness of their children in light of the video content and theme.

It is recommended that the video be shown in a prayerful setting and atmosphere, and that the children are prepared for this prayerful reflection on the story of Jesus’ journey to the Cross.

The video is intended to be interactive with the **text in purple read by the Prayer Leader**. **The text in white is for the children to pray either silently or together**.

At the conclusion of the video, it is recommended that the children be given time to respond to the video experience, perhaps by sharing their thoughts and feelings around it, or journaling or drawing a response, or singing a suitable hymn or song together.

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#### **Station 1: Jesus Is Condemned**

**Prayer Leader:**

Pilate was the Roman Governor who questioned Jesus. He then had Jesus beaten and thrown into prison. None of the disciples owned up to knowing him. He was alone. The next morning, on Pilate’s orders, he was led away by the soldiers to be crucified. (Inspired by Mark 15:1-15)

**Children:**

Help me, Jesus, when I feel lonely and afraid.  
Help me when others judge me or bully me.

#### **Station 2: Jesus Carries His Cross**

**Prayer Leader:**

That night, in the prison, Jesus was beaten and humiliated. The soldiers spat at him, put a crown of thorns on his head and made fun of him. (Matthew 27:27-31)

**Children:**

Help me, Jesus, to think of you when I am tempted to 'follow the crowd' and treat others unfairly. Help me, Jesus, when others harm and hurt me.

**Station 3:           **Jesus Falls****

**Prayer Leader:**

Jesus is exhausted and in pain but he was made to carry the heavy cross through the city. Jesus fell but nobody helped him.

**Children:**

Help me, Jesus, to offer my help to those who are being treated unkindly and to be brave enough to stand up for them.

**Station 4:           **Jesus Meets His Mother****

**Prayer Leader:**

Mary was standing by the roadside when she met Jesus. She must have been in great distress to see Jesus suffering. Jesus, too, found it so hard to see his Mother filled with such sadness.

**Children:**

Jesus help me when I see someone close to me suffering and I am unable to help.

**Station 5:           **Simon Helps Jesus Carry His Cross****

**Prayer Leader:**

The soldiers were afraid that Jesus was becoming weaker and would be unable to carry the heavy Cross. They asked a man in the crowd, Simon of Cyrene, to help Jesus. (Luke 23:26)

**Children:**

Help me, Jesus, to be kind when I am asked to help someone in need. Help me, Jesus, to graciously accept the help of others even though I may want to do things on my own.

**Station 6:           **Veronica Wipes Jesus' Face****

**Prayer Leader:**

Jesus was hot and sticky and bleeding and unable to see where he was going. A woman in the crowd came forward with a cloth and wiped Jesus' face.

**Children:**

Jesus, help me to be aware of others when they need looking after and to offer my help gladly.

**Station 7:            Jesus Falls Again**

**Prayer Leader:**

Simon of Cyrene was still helping Jesus to carry his cross, but Jesus fell again. He got up and tried to keep going. His body was hurting but his greatest sadness was that the people hadn't listened to what he had taught them.

**Children:**

Help me, Jesus, when I am struggling, to listen to your teachings and to be guided by your Word.

**Station 8:            Jesus Comforts the Weeping Women**

**Prayer Leader:**

Some women were crying for Jesus because they felt sorry for him. Jesus saw them and stopped with them. He told them not to weep for him but for themselves and their children because he knew that a time was coming when their City, Jerusalem, would be destroyed. (Luke 23:27-32)

**Children:**

Help me, Jesus, especially when I am feeling sad and sorry for myself. Help me to be aware of others who are in need and to reach out to them.

**Station 9:            Jesus Falls A Third Time**

**Prayer Leader:**

Jesus fell under his cross again. Once more he got up to continue his walk to Calvary even though he was weak and in pain.

**Children:**

Help me, Jesus, when I find things difficult. Help me not to be discouraged when I find it hard to learn new things or make new friends.

**Station 10:          Jesus Is Stripped of His Clothes**

**Prayer Leader:**

A reward the soldiers received for their services was that they could keep the prisoner's clothes after death and so the soldiers removed Jesus' clothes and shared them out between them. (Mark 15:23-24)

**Children:**

If I am ever tempted to treat others disrespectfully, help me, Jesus, to think of how you felt at this time.

**Station 11:        Jesus Is Nailed to the Cross**

**Prayer Leader:**

The cross was laid on the ground. Jesus was nailed to the cross. It was then raised up and Jesus was left to die.

**Children:**

Help me, Jesus, to trust and believe in you, especially in times of fear and pain and sadness.

**Station 12:        Jesus Dies on the Cross**

**Prayer Leader:**

Jesus' mother and his disciple, John, stayed at the foot of the cross. Jesus asked John to take care of his mother. Jesus then cried out, 'My God, my God, why have you forsaken me?' Then he bowed his head and died. (Luke 23:44-49)

**Children:**

Help me, Jesus, to remember your deep love for me. Help me to grow in your goodness and love.

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